





Grade 6 Outdoor Education Fall 2024 – Yellowstone Trip

Schedule of Activities

Tuesday, September 17	 8:30 AM – Meet at Riverstone International School to Depart for Yellowstone National Park Hike at Mesa Falls
Wednesday, September 18	 Yellowstone National Park Upper and Lower Geyser Basin – Grand Prismatic and Old Faithful Yellowstone Lake
Thursday, September 19	 Yellowstone National Park Norris Geyser Basin Grand Canyon of the Yellowstone Hayden Valley (Wildlife Viewing)
Friday, September 20	Return to Riverstone by 3:30 PM

<u>What to Bring</u>

Clothing

- □ wicking base layers (synthetic or wool)
 - \Box upper-body base layer
 - \Box lower-body base layer
- □ insulating layers (down, fleece, or wool)
 - \Box upper-body insulating layer (2)
 - $\hfill\square$ lower-body insulating layer
- \Box outer layers
 - $\hfill\square$ waterproof rain pants and rain jacket (with a hood)
 - □ quick drying long pants
- □ t-shirts (2-3, synthetic or wool)
- □ shorts (1-2)
- underwear
- □ wool or synthetic socks
- □ sturdy lace-up shoes for hiking
- \Box sandals
- □ gloves or mittens
- wool or fleece hat
- □ brimmed hat for sun protection





Equipment

- □ day pack (for hiking with food, water, extra layers such as rain gear)
- □ duffel bag
- □ sleeping bag
- \Box sleeping pad
- □ 1-liter water bottle
- □ sunglasses
- □ headlamp (make sure batteries work, and bring extra)
- personal toiletries (toothbrush/paste, sunscreen, lip balm, lotion, personal medications)

Other

□ \$15 for Thursday dinner in West Yellowstone

Optional

- \Box camera
- \Box binoculars
- \Box field guide
- □ book
- □ playing cards

*Avoid Cotton Fabrics: When it gets wet, cotton is a very poor insulator and can significantly accelerate the onset of hypothermia. Additionally, wicking base layers, which transport moisture away from the body, can help the body stay cool in hot weather.

Locations:

Mesa Falls State Park Yellowstone National Park